

**Pulmonary
Fibrosis**
**Awareness
Month** SEPT 2025

Every
moment
counts

Lorraine and Allan, Aberdeenshire
Sister and brother both living with
pulmonary fibrosis (PF)

“ Receiving a terminal diagnosis
changes everything. We accepted
it with a determination to
make every remaining
moment count. ”

Join our campaign today

Every
breath
counts

Read Lorraine and
Allan's story, share
yours and donate to
help fund life-changing
pulmonary fibrosis
research and support.



everybreathcounts.co.uk

01733 839642 info@actionpf.org www.actionpf.org



Charity Commission England & Wales Registered Charity Number: 1152399
Scottish Charity Regulator Number: SC050992



**Action for
Pulmonary Fibrosis**

